



# Rare Meat

The newsletter of the



May 2024



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2023-2024

- President:  
EVA BASS
- 1st Vice-President:  
JODI SHELTON
- 2nd Vice-President  
GREG SHELTON
- 3rd Vice-President  
MARILYN BRADLEY
- Secretary:  
JERRY GORDON
- Treasurer:  
RUTH SANO, Club  
LARRY KRUG, Char Fund
- Tail Twister:  
QUEEN GHAFFAR-ADJEI
- Lion Tamer:  
Larry Krug
- Directors, 1st year of 2:  
MARYANNE GORDON  
MIKE O'BRIEN
- Directors, 2nd year of 2:  
DAVIA GADDY  
SHAWN NEWTON
- Membership Chair:  
CHRIS HORAN
- Marketing Comm Chair
- Immediate Past Pres:  
CAROL QUANTOCK

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

*Report of the general meeting on April 3 at Bridge Tha Gap*

We will be participating in Earth Day activities with Albany Victory Gardens. Eva will coordinate with AVG's Sophie. Jerry will get coloring books, colored pencils and a Lions tablecloth. The event will be from 11am-3pm on 4/20 at 72 Quail St. Eva is also working on another event in the South End. *[See page 4]*

We unanimously approved the proposed slate of officers shown at the top of page 2 for next year. Note that we need a Marketing Communications, or PR, person.

Training for vision screeners is on Sunday, 4/21. We'll get a chance to use what we've learned at the BIPOC Health & Wellness Fair in Washington Park on Sat, June 8.

Projects requiring further discussion: AVG's free Produce "Market"; Little Free Library.

*Report of the board meetings held on Zoom on April 15*

Ruth will be sending out dues notices with a 6/15 due date. We voted to keep the dues at \$75, most of which goes to LCI, MD20 and 20W.

Lion Ruth is no longer able to get coupons from America's Best for free glasses. We will now have to pay their regular price of 2 pairs for \$79. We approved this expenditure for the next 5 clients. She will get blank checks from Larry for this purpose.

There is a NABA event on May 1 that several Lions will be attending, so we agreed to hold our general meeting on Wed, May 8.

Our installation dinner will be on Wed, June 5. Eva will check out some restaurants.

**Club board meeting adjourned and Char Fund board meeting convened.**

Between the club and several individual Lions, we will buy 3 NYS&BLF raffle tickets, which will allow us to present one Robert J Uplinger Distinguished Service Award.

We received an email request to help send 11-year-old Maddie to a six-week program in Connecticut for dyslexic children. The total cost is \$5000. We committed to donating \$500, but only if they can come up with the other \$4500 elsewhere.

We approved spending \$225 to send a local high-school sophomore to the Hugh O'Brian Youth Leadership Seminar (HOBY NYE). It's May 31-June 2 at SUNY Albany.

We approved sending \$1000 to LCIF for disaster relief.

MEMBERSHIP

- VICKI ADLER
- MICHELLE BAKER
- EVA BASS
- JOANN BEACH
- JEFF BENNETT
- MARILYN BRADLEY
- DR. ROB BRASS
- JANE CHOUINIERE
- DOUG DAVIS
- DENNIS FAGAN
- DR. STEFAN FOSCO
- DAVIA GADDY
- QUEEN GHAFFAR-ADJEI
- JERRY GORDON
- MARYANNE GORDON
- DR. VICI HARRIS
- CHRIS HORAN
- LARRY KRUG
- DR. DAVID LEVINE
- KRISTIN McVEIGH
- SHAWN NEWTON
- MICHAEL O'BRIEN
- RUTHANN RICHARDS
- RUTH SANO
- GREG SHELTON
- JODI SHELTON
- SUE SHIPE
- DR. ALLEN ZIEKER



More →

### 2024-2025 Officers and Board of Directors

President	Jodi Sheldon	Club Administrator	Davia Gaddy
1st Vice President	Queen Ghaffar-Adjei	Director, 1st of 2 years	Davia Gaddy
2nd Vice President	Greg Sheldon	Director, 1st of 2 years	Dr Allen Zieker
3rd Vice President	Marilyn Bradley	Director, 2nd of 2 years	Maryanne Gordon
Secretary	Jerry Gordon	Director, 2nd of 2 years	Mike O'Brien
Treasurer (Club)	Ruth Sano	Membership Chair	Chris Horan
Treasurer (Char Fund)	Larry Krug	Marketing Comm Chair	
Tail Twister	Shawn Newton	Immediate Past Pres	Eva Bass
Lion Tamer	Shawn Newton		

Our next meetings:



Our next general meeting should be on Wed, May 1, but there's a NABA event that evening that several of us will be going to, so we've moved the meeting to **Wednesday, May 8**, at Bridge Tha Gap, 1215 Broadway, Menands. Andrew Brown from Van Alen Foundation will be making a presentation on the new HIVE program that we're involved with. Not many of us are familiar with this, so it would be great to come and learn. **Sat afternoon, June 1**, is tentatively set as the formal launch of the HIVE program; mark your calendar and watch for details.



Our next board meetings will be on **Mon, May 20**, on Zoom.

**Wed, June 5**, is our annual installation dinner. This is always a fun night, so even if you don't usually come to meetings, please plan on being at this one. Location and other details will follow.

### We're on a mission to grow!



**MISSION 1.5** is a dedicated effort to grow our membership to 1.5 million. We have committed the next four years to reaching this historic Lions Club membership goal. Every Lion has an important part to play. Together, we can grow Lions Clubs to extraordinary new heights, serving an untold number of people in need. Our Global Membership Approach is designed to revitalize existing clubs, charter new ones and inspire all Lions through fellowship and exciting service.

We will be having several webinars to learn more about **Mission 1.5** in the upcoming months. In the meantime, learn more by visiting [lionsclubs.org/mission1.5](https://lionsclubs.org/mission1.5).



## Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.

### Lions SEE needs you!



The mission of Lions SEE, Inc. (Screening Eyes Early) is to decrease childhood blindness through early detection and treatment of the most common vision disorders that cause amblyopia, ensuring that all children of New York State will be able to SEE their future.



We, as a club, want to be involved in this program, but before we spend \$8000 on a screening camera, we want to be sure we have enough people to conduct the screenings. They will generally be at a kindergarten, pre-school, or day-care center and typically take 2-3 hours. Will you commit to doing 1 or 2 screenings per month? It's a worthwhile way to spend a morning or two. Text, email or call Jerry to accept or ask questions ([jerrygordon@juno.com](mailto:jerrygordon@juno.com) or 518-366-5299). If you're interested, read how to become certified below.

One of the (very few) Lions to volunteer is Dr. Allen Zieker. During his first 25 years as a Lion, he was too busy being an ophthalmologist to participate much, although we greatly appreciate his ongoing generosity. Now that he has retired, he's been coming to meetings and signed up to do some screenings. You should, too.

By the time we go through the grant process to pay for the screener and train everyone in its use, our first screening will probably not be until September.

### Becoming a Certified Eye Screener

You don't have to do this all in one sitting. Spread it out over whatever time period fits your schedule and lifestyle. Here's how to become a certified eye screener:

Go to **LionsKidSightUSA.org**. At the top of the page, click on GET CERTIFIED. Scroll down a bit and click on the **Lions KidSight Training Manual**. You can read the 16-page manual on line, but I suggest you also print it. It's got info you'll want to refer to later (unless you've got an excellent memory!).

Then, just above the manual, click on **LION'S KIDSIGHT USA TRAINING VIDEOS HERE**. Watch the first three videos (about 45 minutes total). These will give you an overview of the KidSight program and an understanding of why we're doing it. The second video especially will provide the technical stuff you need to know.

When you're ready to take the screener exam, click on **Sign In here**, just below the training manual. Sign in using username = **newyork** and password = **KidUSA**. You'll also need your Lions member number, which is listed on the club roster or is available from Lion Jerry. At some point after taking the exam, you will receive a personalized **Certificate** via email. You are welcome to print additional copies, to show schools that you and your team are truly qualified.

### Earth Day

Lions Greg & Jodi were running around Albany Victory Gardens and neighboring areas, keeping things running smoothly.

Lions Ruth and Larry were also there all day. They gave out about 50 coloring books & colored pencils. 25+ adults were happy to receive new reading glasses.

Meanwhile, Eva worked at an event in the South End.



**Happy Birthday!**

Happy **May** birthday to these A&T Lions:

- 7th: Maryanne Gordon
- 10th: Vici Harris
- 26th: Allen Zieker



**Happy Anniversary!**

Happy Lions Anniversary to these **May** inductees:

- Stefan Fosco: 6 years
- Joann Beach: 20 years
- Jane Chouiniere: 36 years

**Mark Your Calendar**



**May is Recycle for Sight Month**

**Wed, May 8: General meeting; see page 1**

Sun, May 12: Mother's Day

**Mon, May 20: Board meetings on Zoom; see page 2.**

Mon, May 27: Memorial Day

**Jun 5: Installation Dinner**

*For other events around the district, visit [20WLions.org](http://20WLions.org)*

*I got myself a seniors' GPS. Not only does it tell me how to get to my destination, it also tells me why I wanted to go there.*



Five things I've learned from Snapple® bottle caps:

Earth, Texas, is the only place on earth called Earth.

A human brain weighs around 3 pounds.

Each year, the average person walks the distance from NY to Miami.

On average, you'll spend a year of your life looking for misplaced objects.

It is against the law to put pretzels in bags in Philadelphia.

**Lions Service Areas**



Diabetes



Disaster Relief



Environment



Humanitarian



Hunger



Vision



Youth



Childhood Cancer



# Got Yarn? Or extra fleece fabric?

**If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy**



## Warm Woolen Wishes Project

**Helping Hands**



**Creating Comfort**



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.



Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at [ALBANYTROYLIONS@GMAIL.COM](mailto:ALBANYTROYLIONS@GMAIL.COM)  
or Lion Ruth Sano at 518-859-3796

